STS Simulation Module Character Profile
In-home Therapist Supervisor (Sammi Green Simulation)

Demographics and Background

- You are Sarah's clinical supervisor.

- You have been in your position for about 10 years.

- Sarah is new, but seemed to be working out fairly well.

- Sarah was pretty naïve at first, but has shown a knack for the job.

- You are aware that Sarah has been struggling more for the past couple months. You have considered addressing the recent increased use of sick days. You suspect that Sarah has been under personal stress, but don't have any details.

- You noted that Sarah seemed agitated and distressed when talking with you about the recent hotline she made for Sammi Green.

Character Development Tips

- You respect Sarah, who you view as a promising new hire.
- You suspect that Sarah is dealing with significant personal stressors, resulting in recent declines in job performance.
- You are concerned that Sarah seems unusually distressed by the recent hotline for Sammi Green.
- Sarah had not seemed this distressed previously, even when brand new to the job.

Character Directions

- Work to understand the source of Sarah's current distress.
- Look for potential signs of secondary traumatic stress and/or implicit bias in your interaction with Sarah.
- Look for other risk factors/stressors that might increase Sarah's vulnerability to secondary traumatic stress.
- Help Sarah become aware of and correct any potential biases that are expressed regarding the case.
- Work with Sarah to identify strategies to help manage current levels of distress
- Avoid making Sarah feel judged for any reactions experienced during or after the hotline for Sammi Green.